

# RIT Student Survival Guide



## November Edition

November 16, 2016

---



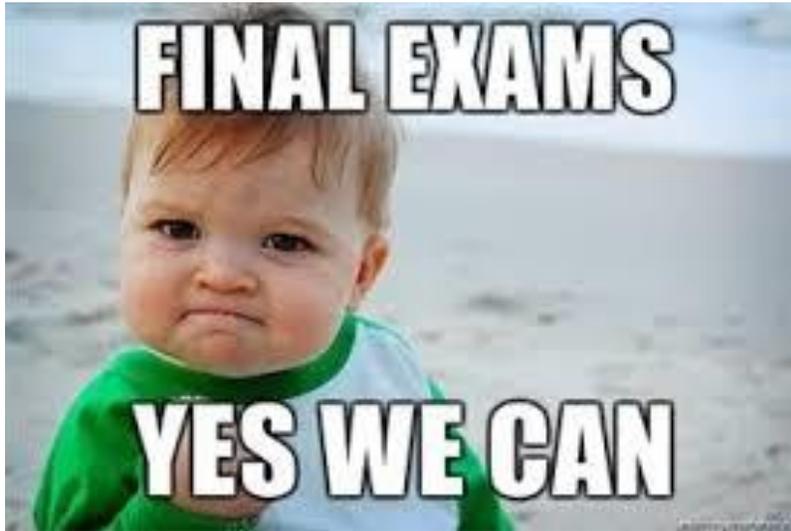
## Thanksgiving Break, what to do?

Thanksgiving break is coming up next week and to many students this means a long break from classes and some good food to go with it. While many students are going home for the break some students are staying here in Rochester for the break. For those of you who are going back home, enjoy time with family and give thanks to being able to be with them during the break. Just take this time to rest up and get prepared for the last few weeks of school. As for students who are staying on campus for the break you should look into finding other people who are staying so you can get together and plan a feast of your own or you could always find someone to go back with and enjoy the festivities. Whatever you might do this break just be sure to enjoy it and make sure that you get rest, eat, and be thankful for the holiday. Happy Thanksgiving and have a wonderful break.

## Final Exam Prep

by **James Kemper**

A decorative footer consisting of several orange geometric shapes, including a large triangle and a square, arranged in a row.



## How can you get prepared for finals?

With finals coming up that can only mean a few things you're going to be hopped up on coffee trying to study for the final or write that paper. Some students often overwork themselves towards exhaustion in this situation and that is never really the answer. The first that that you can do to prepare is schedule out study time or time to work on projects. When it comes to studying always make sure that you find some way to help you memorize and learn, such as using note cards. Along with study time if you are feeling like you are struggling with a class or specific topic never be afraid to ask for help. RIT offers many opportunities for help such as, the Academic Center, and free tutoring. Finals can be tough but if you work hard and manage your time wisely you're sure to do well on all your projects and tests, good luck.

---

## Getting Sleep

**TODAY WILL BE ONE OF THOSE  
DAYS THAT EVEN MY COFFEE  
WILL NEED A COFFEE**



Often times we are so busy with our college lives that we forget the one thing that is the most important to our bodies, sleep. Getting a full 8 hours of sleep is the most important thing that you can do for yourself. The benefits are amazing and allows you to be the best that you can be. Some benefits include, improved mood, better reactions, and an alert mind. Being able to get sleep is often a problem however because we're busy working on assignments. Do your best to get the hours of sleep that you need and you'll find out that your body will be thanking you in the long run.

## Registering for Classes

As the semester comes to an end it comes time for students to begin planning for their next semester workload. This can either be an easy transition or one of the worst experiences that you'll have, you might get wait listed or the class you had signed up for is full even though there

---

are 5 seats open. Some resources for making your schedule include, [sis.rit.edu](http://sis.rit.edu), tiger center, or computer science house schedule maker. The first thing that you need to do is make sure you get the date of your enrollment to confirm what time you are going to enroll in classes for the next semester. The next thing that you should do is fill up your shopping cart to the best of your ability and make sure you have openings in your schedule for changes if you need to. The first few classes that you think will work on your schedule may be taken or full so have several backups ready when you enroll. Lastly if you need any additional help go to your advisor for questions that you may have it's their job to make sure you're reaching your requirements in order to graduate. Enrolling can be tough but if you plan ahead and are prepared then it can be a lot easier when you click that enroll button.